

Provisional Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	0:29:48	BETHELL, Jared	Harlow RC Men	All Men	183	1
2	0:31:30	COX, Dave	Woodford Green	Men Over 50	220	2
3	0:32:33	ANDREWS, Jay	Churches	All Men	189	3
4	0:32:35	WHITEHOUSE, Jon	No Club	Men Over 40	133	4
5	0:32:40	SMITH, Alex	Harlow RC Men	All Men	208	5
6	0:32:42	DOIG, Andrew	No Club	Men Over 40	135	6
7	0:32:47	FELL, Adrian	Harlow RC Men	Men Over 40	188	7
8	0:33:04	THOMASON, Richard	Churches	Men Over 40	216	8
9	0:33:06	WOODRUFF, Michael	No Club	Men Over 50	110	9
10	0:33:12	ROWLANDS, Ben	No Club	All Men	166	10
11	0:33:21	CROSBY, Steve	No Club	Men Over 40	215	11
12	0:33:23	JEPHCOTT, Jamie	Harlow RC Men	Men Over 40	170	12
13	0:33:27	HULL, Adrian	Churches	Men Over 50	190	13
14	0:33:55	WILLIAMS, Aaron	ELR	Men Over 40	219	14
15	0:34:50	HELLMERS, Sam	Lathams - Unaffiliated	All Men	222	15
16	0:35:00	SATERLAY, Len	No Club	Men Over 40	113	16
17	0:35:37	ANDREWS, Mark	No Club	Men Over 50	182	17
18	0:36:09	ROGERS, Karl	No Club	Men Over 40	223	18
19	0:36:21	EVERETT, Steven	No Club	All Men	128	19
20	0:36:26	BENNETT, Stephen	No Club	Men Over 40	200	20
21	0:36:27	BULL, Neil	No Club	All Men	125	21
22	0:36:57	O'DONNELL, Harry	Foskett Marr G & H	All Men	174	24
23	0:37:22	DONGWORTH, Andrew	Foskett Marr G & H	All Men	173	26
24	0:37:31	SEAL, Michael	No Club	All Men	226	28
25	0:38:48	SMALLWOOD, Ed	No Club	Men Over 40	150	31
26	0:38:55	PELLECCHIA, Pasquale	Harlow RC Men	All Men	205	32
27	0:39:26	NUTTON, Jon	No Club	Men Over 40	154	33
28	0:39:28	CAREY, Sean	No Club	Men Over 40	138	35
29	0:39:36	PAINTER, Andrew	No Club	Men Over 50	129	37
30	0:39:49	CHAPPLE, Robin	No Club	Men Over 40	127	38
31	0:40:49	MOLONEY, Tom	No Club	Men Over 50	165	39
32	0:41:01	WELLBELOVE, Alan	Harlow RC Men	Men Over 50	112	40
33	0:41:04	PENMAN, Ross	No Club	All Men	121	41
34	0:41:13	COUPER, Simon	No Club	All Men	163	42
35	0:41:17	RUSSELL, James	Pitsea Running Club	Men Over 50	211	43
36	0:41:20	JOHNSON, Peter	FRA	Men Over 50	224	44
37	0:41:52	CHALMERS, Andrew	No Club	All Men	185	46
38	0:41:58	PUSCHMANN, Hendrik	No Club	All Men	176	47
39	0:42:04	MCCOLGAN, Martin	No Club	Men Over 50	186	49
40	0:42:13	WARD, Sidney	No Club	Men Over 40	152	50
41	0:42:19	WARD, Jonathan	No Club	Men Over 40	153	51
42	0:42:30	MATTHEWS, Phil	No Club	All Men	204	53
43	0:42:39	WILLIAMS, Mark	No Club	Men Over 50	218	54
44	0:42:40	CRONE, Richard	No Club	Men Over 50	119	55
45	0:42:59	SCHRODER, Paul	Harlow RC Men	All Men	100	57
46	0:43:09	MURPHY, John	No Club	Men Over 50	118	59
47	0:43:18	MARTIN, Tony	No Club	Men Over 50	210	61
48	0:43:22	BAKER, Mark	No Club	Men Over 40	109	62
49	0:43:22	SEAL, David	No Club	Men Over 40	225	64
50	0:43:55	READ, Philip	No Club	Men Over 40	159	65
51	0:43:57	ALLUM, John	No Club	Men Over 40	162	66
52	0:44:02	TISDALE, David	No Club	Men Over 40	158	67
53	0:44:31	RANDALL, Alan	No Club	Men Over 50	108	70
54	0:44:38	TOOLEY, Karl	No Club	Men Over 40	132	71
55	0:44:42	ALLARD, Thomas	Might Morph's JRPTS	All Men	106	72
56	0:45:25	LEFFMAN, James	Wendy's Warriors	All Men	96	75
57	0:46:54	ST HELIEN, Colin	No Club	Men Over 50	117	78
58	0:47:16	PIKE, Terence	Harlow RC Men	Men Over 50	175	79

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59	0:48:46	BURGESS, Mark	No Club	Men Over 40	137	84
60	0:48:46	TUDOR, Tom	No Club	All Men	120	85
61	0:49:27	NAPIER, Edward	No Club	Men Over 50	155	87
62	0:49:44	COOK, John	No Club	Men Over 50	151	88
63	0:51:48	DEAN, Scott	No Club	Men Over 50	228	96
64	0:52:57	DAVIES, Robert	No Club	Men Over 50	147	101
65	0:55:04	MILLER, Chris	No Club	Men Over 50	94	108
66	0:57:01	WHITING, Richard	No Club	Men Over 50	157	110
67	0:58:18	SLY, Dan	No Club	All Men	191	111

There were 67 finishers in the All Men category.