

**ENTRY FORM FOR THE GUARDIAN COPPED HALL
5-MILE MULTI-TERRAIN RACE
SUNDAY 30TH SEPTEMBER 2007**

FIRST NAME.....SURNAME.....

DATE OF BIRTH.....TEAM NAME.....

ADDRESS.....

TEL. NUMBER.....EMAIL.....

CLUB RUNNER (Name of club).....UNATTACHED.....

Tick box for: men over 15 women over 15
men vets over 40 women vets over 35
men vets over 50 women vets over 45



Send an (A5) S.A.E. with cheque payable to 'Rotary Club of Epping' to:

**Epping Rotary Treasurer, Barry Newton, Benvilles, Wrights Green,
Little Hallingbury, Bishop's Stortford, Herts CM22 7RH
(Tel entry enquiries: 01279 723269)**

A signed form will be considered an acceptance of the governing body's rules, and a declaration that you will compete on foot entirely at your own risk and will not hold the organisers responsible for loss of or damage to persons or property as a consequence of participating in the above event.

SIGNED..... DATE.....

Club Runners £7. Unattached runners £9 for all entries received before 23rd September
Late entries and on day of run: Club £8 / Unattached £10 Last entry time 10.15am
Running numbers will be posted upon receipt of entry form, cheque and A5 envelope.
School entry forms available upon request